

Objectives

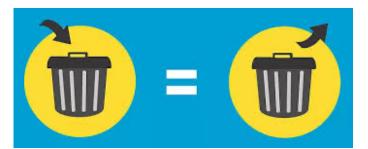
- ▶ Provide reasons for the importance of complete and correct information in public transportation
- ▶ Describe why being to locate, interpret, and use information contained in graphics is important
- ▶ Describe types of graphics typically used in the transportation workplace
- ▶ Identify typical methods for locating information in documents
- ► List and use common methods for ensuring documents have complete and correct information

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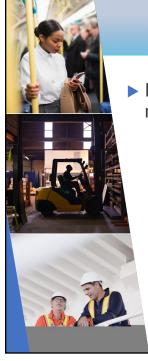
Garbage In, Garbage Out

▶ How many of you have heard this before?



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Information Importance

- ► In public transportation/transit agencies, missing, incorrect (erroneous) information can:
 - ► Cause safety issues
 - ▶ Reduce efficiency, increase costs
 - ► Impact service quality

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Locating and Interpreting Information - Graphics \$ - \$\$\$ **iiii** Commuter Rail VRE MARC \$5 - \$100 million per mile \$33 million per 8-car train with Incompation \$0.30 - \$0.50 25,000 (Metrorail) \$\$ - \$\$\$ (m) (m) (m) (m) >35 ** Heavy Rail Metrorail 0.5 - 1 mile ŤŤ \$\$ - \$\$\$ (0) Light Rail Purple Line 6 - Purple Line Corridor A A 12 - Purple Line Corridor \$0.40 - \$0.80 0.75 - 1.5 miles 5 miles 40-80 seated 180 total ŤŤ (m) (m) (m) >15 30 - Columbii Pike rân rân \$0.50 - \$0.85 Dependent on operator 100 - 1,000 \$\$ \$0.40 - \$0.60 \$5 - \$30 million per mile \$500K - \$800K per vehicle (Å) ¢ \$250K - \$2 million per mile \$400K - \$750K per vehicle

Everyday Abbreviations

- ▶ State abbreviations CA for California
- ▶ Personal Titles Mr., Mrs., Dr.
- ▶ Address Elements St., Dr., Ave., Blvd.
- ► Months Jan., Feb., Mar., Apr., Jun., Jul., Aug., Sep., Oct., Nov., Dec.
- ▶ Days of Week Mon., Tu/Tue/Tues., Wed., Th/Thu/Thur/Thurs, Fri., Sat., Sun.

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Workplace Abbreviations

Time		
Sec	Second(s)	
Hr/Hrs	Hour / Hours	
Min	Minute	
Мо	Month	
Yr	Year	
Temperature		
F	Degrees Fahrenheit	
С	Degrees Centigrade/Celsius	

Weight		
lb(s)	Pound(s)	
oz	Ounce(s)	
mg	Milligram(s)	
g	Gram(s)	
kg	Kilogram(s)	

Speed		
mph	miles per hour	
kph	kilometers per hour	
kn	Knots (nautical mph)	

Workplace Abbreviations

Measurement		
ft	Foot/feet	
in	Inch(es)	
mm	Millimeter(s)	
cm	Centimeter(s)	
m	Meter(s)	
km	Kilometer(s)	
yd	Yard(s)	
mi	Mile(s)	
psi	Pounds per square inch	

Volume Capacity			
Tsp / t	Teaspoon(s)		
Tbs / tbsp / T	Tablespoon(s)		
С	Cup(s)		
qt	Quart(s)		
ml	Milliliter(s)		
ι	Liter(s)		
pt	Pint(s)		
gal	Gallon(s)		
qty	Quantity		
ea	Each		
doz	Dozen		

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More Workplace Abbreviations

Etc - and so forth

Avg - average

Inv - invoice

NA - not applicable

FYI - for your information

EOD - end of day

EOM - end of month

COB - close of business

ETA - estimated time of arrival

RSVP - please respond

ASAP - as soon as possible

Abbreviations in Transportation

ADT - average daily traffic

AFC - automatic fare collection

AFV - alternative-fuel vehicles

AMPD - average miles driven per day

CAA - Clean Air Act

CFF - Clean fuel fleet

ETD - estimated time of departure

FTE - full-time equivalent

FY - fiscal year

HDDV - heavy-duty diesel vehicle

HM - hazardous materials

I&M - inspection and maintenance

JIT - just-in-time OSS - out of service

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Formation of Abbreviations

- First and last letter of a word yd (yard)
- ▶ First letter or two (sometimes) three letters of work mi (mile)
- ► First letter of each word mph (mile per hour)

Acronyms

- ► Any workplace FYI (for your information) and ATTN (attention)
- ➤ Specific workplace or occupation APTA (American Public Transportation Administration) and NOX (Nitrogen Oxides)
- ▶ Formed from letters of multiple words
- ► Typically first letter of each word (not always though)
- ▶ Acronym is usually pronounced as a word

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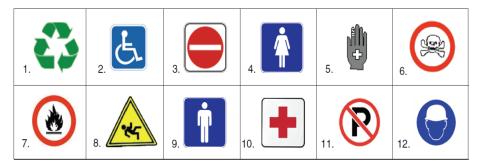
Tables and Charts

- ➤ Title Read the title first, it indicates what information is included in the table
- Headings and Subheadings -Read these second, they indicate what information is located in the rows and columns

Ambient Temperature °F/°C	Low Pressure Gauge	High Pressure Gauge
65°F (18°C)	25-35 psi / 172-241kPa	135-155 psi / 931-1069 kl
70°F (21°C)	35-40 psi / 241-276 kPa	145-160 psi / 1000-1103 k
75°F (24°C)	35-45 psi / 241-310kPa	150-170 psi / 1034-1172 k
80°F (27°C)	40-50 psi / 276-345kPa	175-210 psi / 1207-1448 k
85°F (29°C)	45-55 psi / 310-379kPa	225-250 psi / 1551-1724 l
90°F (32°C)	45-55 psi / 310-379kPa	250-270 psi / 1724-1862 l
95°F (35°C)	50-55 psi / 345-379kPa	275-300 psi / 1896-2068 l
100°F (38°C)	50-55 psi / 345-379kPa	315-325 psi / 2172-2241 l
105°F (41°C)	50-55 psi / 345-379kPa	330-335 psi / 2275-2310
110°F (43°C)	50-55 psi / 345-379kPa	340-345 psi / 2344-2379 l

Icons, Signs, and Symbols

Name the following icons, symbols and signs commonly found in the workplace.



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Information in Documents

- ▶ Use your finger or a ruler to follow rows or columns in a table.
- ▶ Use headings to find information quickly.
- ▶ Look for visual cues such as font size, bolded or highlighted text that may emphasize important information.
- ► Look for characters or symbols which may provide special instructions (e.g. asterisks).
- ▶ Write legibly and stay within the allocated spaces.
- ➤ Scan documents several times to ensure the information you have entered is complete and accurate.

Information in Documents

- ▶ Complete documents in the recommended order.
- ▶ Read instructions first and completely.
- ▶ Read labels and headings carefully before entering information.
- ▶ Identify common shapes and colors to help understand signs and symbols (e.g. diamond represents warnings; red represents danger or stop).
- ► Ask questions if you do not understand what you see on a sign, display or document.

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Information in Documents - Union Station Activity



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Completing and Submitting Forms

- Make sure you have the right form.
- Read the entire form before doing anything.
- Read instructions completely before starting.
- Read each question fully, before providing an answer.
- Always have two or more forms. Do a practice run(s) on your spare form.
- Copy the information on the practice form onto the real form,



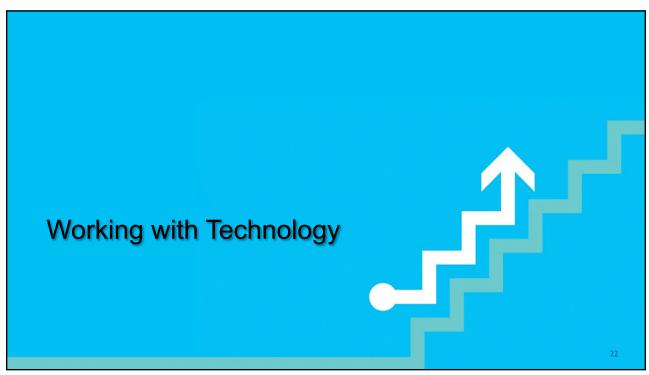
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Completing and Submitting Forms

- ▶ Paper forms use black or blue ink
- Use BLOCKLETTERS
- ► Check to see you have answered every question
- ▶ If any question/item does not concern you or apply, write/type 'not applicable' or 'N/A' in the space provided.
- ▶ Make sure all required attachments are included.
- ➤ Check who to send the form to and when it is due. Be sure to send the completed from to the correct person before it is due.
- Keep for your records (in case it is lost or if you may use the information again)

Completing and Submitting Form Activity



Objectives

- Name common workplace technologies that are used on a daily basis
- Name essential technology skills everyone is expected to have in the workplace
- Identify common technology terms
- Complete and submit an online form using multiple entry formats (text, check-boxes, radio buttons, sliders, drop-down menus, etc.
- Self-assess one's own technology skills and select 2 (if needed) to learn or develop

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Common Workplace Technology Computer Regardless of Mouse the position at a transportation Keyboard agency, every employee uses Phone • these common workplace technologies All-In-One Machine 24

Common Workplace Technology DIY Training usually isn't provided for existing phones and copiers, scanners, printers Each works differently but Phone • functions are similar Learning to use them is a transferrable skill All-In-One Machine 25

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Essential Technology Skills



- ▶ How to use a mouse, trackpad
- ► How to use a keyboard, including common shortcuts
- How to open applications (computer programs)
- How to create and save documents
- Storage
- ► Email
- ▶ Internet Intranet

With today's online application processes, you'll also need to have these skills to just apply for a job at a transit agency



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Essential Technology Skills - Mouse, Trackpad

ESSENTIAL:

- How to use a mouse (trackpad on laptops)
 - Move
 - Left Click
 - Right Click
 - Scroll



Essential Technology Skills - Keyboard

ESSENTIAL:

 How to use a keyboard

► INTERMEDIATE:

Keyboard Short-cuts
Copy: CTRL + C Paste: CTRL + V Cut: CTRL + X

Undo: CTRL + Z Redo: CTRL + Y





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Essential Technology Skills - Applications

ESSENTIAL:

 How to open applications (computer programs)



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Essential Technology Skills - Create and Save Documents

ESSENTIAL:

 How to create and save documents using pull down boxes and menus

► INTERMEDIATE:

- Word Processing Applications
- Microsoft Word



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Essential Technology Skills - Storage

- **ESSENTIAL:**
 - External Storage
- ► INTERMEDIATE:
 - Cloud Storage



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Essential Technology Skills - Email

- **ESSENTIAL:**
 - Create and send Email messages
- ► INTERMEDIATE:
 - Email Applications
 - Microsoft Outlook
 - Gmail
 - Using Other Functions

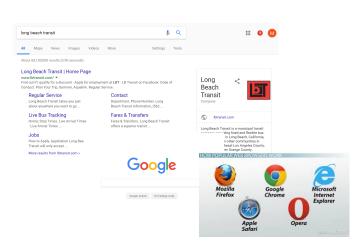


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Essential Technology Skills - Internet, Intranet

- **ESSENTIAL:**
 - Locating information on Internet
 - Browser
 - Intranet
- ► INTERMEDIATE:
 - Download files



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Common Technology Terminology

- ► Knowing common technology terminology like what we've just used
 - Files
 - Applications, Programs
 - Browsers
 - Storage
 - Word processing
 - Etc.

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Activity - Your Workplace Technology Skills

- ► Assess your own technology skills?
- ▶ Do you have the essential skills needed in the workplace?
- ▶ Do you have more intermediate and advanced skills, these are skills you should highlight when applying for positions, on your resume?

Activity - Completing and Submitting Online Form



Learning Objectives

- ▶ Identify the terms diversity, culture, equity, and inclusiveness
- ▶ Describe how diversity applies to intergenerational differences
- ▶ Identify barriers to diversity
- ▶ Identify ways to support diversity, equity, and inclusivity
- ▶ Describe how inclusivity applies to LBGT+
- ▶ Describe why diversity, equity, and inclusion is important in public transportation agencies

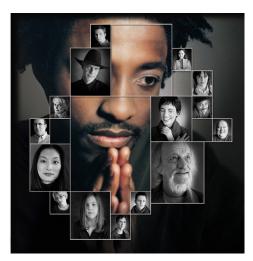
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What is Diversity?

- ▶ <u>Differences</u> among people
- ▶ Dimensions of diversity:

Gender	Religious beliefs	Race
Marital status	Ethnicity	Parental status
Age	Education	Physical ability
Mental ability	Income	Sexual orientation
Occupation	Language	Veteran Status
Values	Customs	Disability
Geographic location	Communication Style	Work/thinking Style
Philosophical		



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perspective

Facts

- ▶ By 2020, more than $\frac{1}{2}$ of the nation's children (under 18) are expected to be part of a minority race or ethnic group
- ▶ By 2044 the U.S. will be a minority-majority
- ▶ By 2050, 1 in 5 people living in the US will be Hispanic
- ▶ There are currently 4 generations in the workplace; soon to be 5
- ▶ Disabilities affect 20% of all Americans
- ▶ Women earn the majority of college degrees awarded in the United States
- ▶ There are an estimated 9 million LGBT individuals in the U.S.
- ▶ 1 in 5 workers have experienced discrimination or unfair treatment at work
- < 50% of employees who experience discrimination will stay</p>

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Since diversity is about differences among people, it can only exist in the relationship of one person to another. An individual is not diverse...they are unique.

What is Culture?

- ► Culture is learned beliefs, traditions, principles, and guides for behavior that are shared among members of a particular group
- ► Includes: shared language, legends and myths; communication; styles; and ideas and thinking patterns ("truths")
- ▶ Culture serves as a roadmap for perceiving and interacting
- ► Culture determines our behavior and attitudes
- ▶ No one is culture-free
- Most cultural rules are never written
- We interpret other people's behavior through our own culture culture plays a big influence in our lives

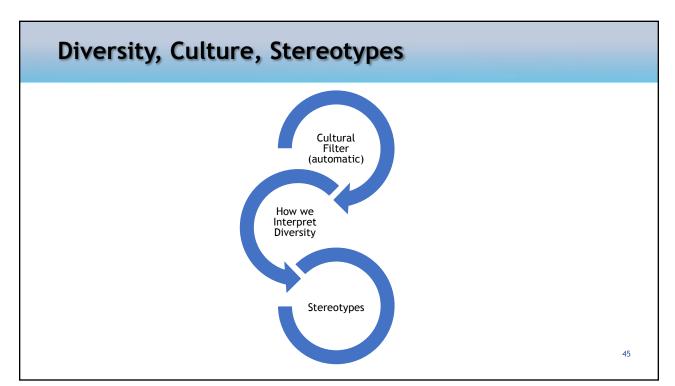
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What if you Awoke as Part of a Different Culture?

- What would change with your new culture/group?
 - · The friends you associate with
 - The social activities you enjoy
 - · The foods you prefer
 - · The religion you practice
 - · The clothing you wear
 - · The neighborhood you live in
 - · The job/position you hold
 - · The vehicle you drive
 - · The music you enjoy
 - · The language(s) you speak
 - Your name

- What parts of your life would remain the same?
- What other parts of your life would change?



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Cross-Cultural Communication Impediments

Communication is filtered through our cultural perspective, which may lead to:

- ► Irrational Assumptions: beliefs that are founded on baseless ideas or theories, often skewed by bias
- ▶ Misunderstanding: unintentionally or intentionally use the wrong words or because we don't understand what is being said to us
- Prejudice: a bias in favor of or against something
- ► Fear: is counterproductive, especially fear of people and ideas that are different from our own

"Just as a child is born without fear, so it is born without prejudice. Prejudice, like fear, is acquired." Marie Killea

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Barriers to Diversity

- ► Ethnocentricity
- ► Resistance to change
- Comfort and trust in "likeness"
- ▶ Difficult to share "power"

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What Can you Do to Support Diversity?

- ► Recognize differences as diversity rather than inappropriate ideas, attitudes, values, or behavior
- Respect the benefits of diverse values and behaviors
- ► Accept that each culture finds some values and behaviors more important than others
- Understand the effect that historic distrust has on present-day interactions
- ▶ Have a clear sense of your individual culture

What Can you Do to Support Diversity?

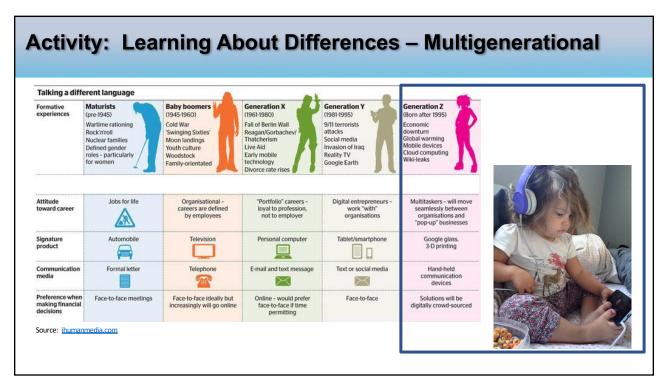
- ▶ Recognize your own ethnocentricity
- ▶ Understand how the culture, of where you work, live, etc., affects those whose culture is different
- Recognize similarities that are shared across the "human culture," regardless of the differences that exist among individual cultures and groups
- ▶ Learn about cultural difference
- ▶ Take personal responsibility for the way you respond to difference

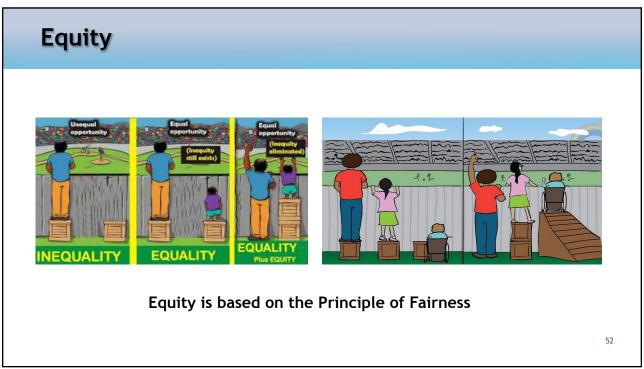
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What Can you Do to Support Diversity?

- Make continued and sincere attempts to understand the world from others' points of view
- Recognize and respect others and their individuality
- ▶ Think before you speak and be sensitive to others
- ► Talk about your differences and ask tactful questions about how people want to be treated
- ▶ Eliminate stereotypes and generalizations
- ➤ Show more patience when working and interacting with people who have different ideas and learning and working styles than you





Inclusion

- Creating an environment were everyone feels welcome, respected, supported, and valued
- ► And inclusive group is, by definition, diverse. A diverse group isn't always inclusive.



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Example - LBGT+ Inclusion

- ► Creating an inclusive and safe workplace for LBGT+ co-workers
- ► Familiarize yourself with sexual orientation and gender identity definitions to fully understand the spectrum
- ➤ Simply using the correct terms can go a long way toward making LBGT+ co-workers feel respected



Inclusive Environments

- ► An inclusive environment creates conditions that are open and allow for effective communication
- ▶ An inclusive environment creates conditions that ensure respect
- ► An inclusive environment engages in conversations to promote understanding and valuing differences
- ► An inclusive environment provides accommodations with the goal of truly enabling full participation and benefit

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Why Diversity, Equity, and Inclusion is Important in Public Transportation Agencies

- ► Morality and social justice
- **▶** Economics
- Customer relations and service
- Diverse teams lead to better outcomes
- ▶ Our community and country is becoming increasingly diverse

It's all about FAIRness

- ► <u>F</u>eedback/communication promotes understanding, reduces conflict
- ▶ Assist others, support one another we are all in this together!
- ▶ Inclusion should be practiced, empower one another
- ▶ Respect is non-negotiable

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"When we feel a sense of belonging it is not because we are the same as everyone else, but because we have been accepted as we are."



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